

# Children, Youth & Family Consortium

## CYFC Monthly

### CYFC Monthly – April 2013

#### Symposium Shines Light on Homeless Youth

Homeless youth are often invisible. According to a 2012 Wilder Research survey, homeless youth accounted for nearly half (46%) of the homeless population in Minnesota. Of that number, 1,151 were youth on their own, ages 21 and younger. However, these numbers reflect only a portion of the total number of homeless youth. The survey could not account for unaccompanied youth who live outside the shelter system. These youth are among the least visible and most vulnerable, susceptible to sexual exploitation, substance abuse, and incarceration.

On April 5th, the Lessons from the Field seminar will focus on the issue of homeless, unaccompanied youth in the state of Minnesota. Three speakers who work directly with homeless youth will discuss the statistics, causes, and model intervention programs for homeless youth in Minnesota. The presenters include Beth Holger-Ambrose, Dr. Mark Hudson, and Emily Huemann.

Beth Holger-Ambrose is the Homeless Youth Services Coordinator for the state of Minnesota-DHS. Last year she also was a Bush Fellow recipient for her plan to research, design and implement a comprehensive, state-wide service model for sexually exploited youth.

Mark Hudson, MD is a pediatrician who specializes in assessment and care of sexually abused children and homeless youth at Midwest Children's Resource Center in St. Paul.

Emily Huemann, MS has been working in the field of sexual violence and domestic violence for over 19 years and is the supervisor of Ramsey County's Sexual Offense Services (SOS), the rape crisis program in Saint Paul, Minnesota, serving Ramsey County.

Several homeless youth survivors will also share their experiences of homelessness. This event will be held in Johnson McNamara Alumni Hall on the Minneapolis campus of the U of MN and also broadcast to a number of host sites in Greater MN. Come join the conversation!

Judy Myers, MS  
Children's Mental Health Coordinator

#### Consortium News

How trauma 'gets under the skin': Biological and cognitive processes of child maltreatment  
Children's Mental Health eReview

The latest issue of the Children's Mental Health eReview is now published on the [CYFC website](#). Learn how traumatic events early in life can alter the ways we experience stress, affect our brains and bodies, and change the ways we think and behave. Read about how experienced clinicians understand and use this research with children and families in different settings.

[Read this issue](#) (1.3 MB PDF)

[Evaluate this issue](#)

[Learn more about eReviews](#)

## Lessons from the Field – Homeless Children and Youth: Opening the Doors of Intervention and Policy

Space still available!

Date: April 5, 2013

Location: University of Minnesota McNamara Alumni Center and broadcast live via web stream and ITV

Cost: \$60 Metro, \$25 Web Stream, \$20 Student

This intermediate level seminar features a team of professionals who will discuss causes, as well as intervention and prevention strategies that address the growing number of homeless children and adolescents in Minnesota. An intervention program that members of the presentation team designed for Ramsey County will provide one model for discussion. Presenters include: Laurel Edinburgh, Midwest Children's Resource Center, Beth Holger-Ambrose, Homeless Youth Services Coordinator, MN DHS and Emily Huemann, Supervisor, Sexual Offenses Services (SOS), Ramsey County. Register now!

### Minnesota Nice?

University of Minnesota School of Public Health Film Festival

Date: April 3, 2013

Time: Doors open at 5:00 p.m., film starts at 5:45 p.m.

Location: Mayo Memorial Auditorium

CYFC is partnering with the School of Public Health to sponsor the film Minnesota Nice? It highlights the bullying and suicide epidemic plaguing Minnesota Public Schools through personal stories and aims to bring to light a subject that has been ignored for the past few years by Minnesota State government and school administrations. Learn more at the film festival and plan to attend.

## Managing Emotions in Teens: Responding to Dysregulation and Challenging Behaviors

### Research to Practice Series in Children's Mental Health — MACMH Conference.

Date: April 30th, 2013

Location: Duluth, MN

CYFC is partnering with the Minnesota Association for Children's Mental Health (MACMH) to bring the fourth annual Research to Practice Series to participants of the annual MACMH conference. This day-long intensive training will address the neurobiology of adolescent mood, practical strategies to address the role and lifestyle of stress and coping for youth, and ways to help teens create healthy relationships that become a regulating experience. Learn more and register.

### Webinar: CES4Health.info: A tool for enhancing the impact of community-engaged scholarship

Medical College of Wisconsin — Healthier Wisconsin Partnership Program

Date: April 9, 2013

Time: 3:00 - 4:30 p.m.

CYFC Director and CES4Health.info editor Cathy Jordan will present this webinar focused on CES4Health.info, a mechanism for the rigorous peer review and online publication of products of

community-engaged scholarship that are in forms other than journal articles. She will address the development of CES4Health.info, share user, author and reviewer feedback, explain the submission and peer review process and give a tour of the site. More information and registration is available on the Medical College of Wisconsin [website](#).

### **Autism Spectrum Disorders Highlighted at ConnectU Workshop**

University of Minnesota Extension

Date: April 18, 2013

Time: 9 a.m. - 3:00 p.m.

Cost: \$25

Location: SW Research and Outreach Center, Lamberton, MN

Autism Spectrum Disorders (ASD) in Young Children will feature Speakers Dr. Robin Rumsey and Dr. Amy Esler who will share diagnostic criteria, ASD assessment, research on early identification, common interventions, applied behavior analysis, and case examples. The workshop is coordinated by the University of Minnesota Extension and the Southwest Research and Outreach Center in partnership with the University's Center for Neurobehavioral Development and Children, Youth & Family Consortium. Please register by April 12, 2013.

## **University and Community Announcements**

### **Implementation Science in Minnesota – An Informal Discussion Series**

University of Minnesota Center for Early Education and Development and Minnesota Department of Education

Dates: several dates in April through May 2013

Time: 3:30 - 5:00 p.m.

Cost: Free but registration is appreciated

Location: Urban Research and Outreach — Engagement Center (UROC)

Join this informal discussion to explore “implementation science,” a research and practice discipline that formally explores factors in effective practices in education, mental health, medicine and a host of other fields and disciplines. Participants will be introduced to a common language and principles regarding Implementation science and be encouraged to collaborate with Implementation Specialists.

### **Webinar: Identifying Autism Spectrum Disorders in Minnesota: Educational Label vs. Medical Diagnosis**

U of M and Minnesota Department of Education

Date: April 19, 2013

Time: 10:00 a.m. - 12:00 p.m.

The University of Minnesota, in partnership with the Minnesota Department of Education, will be presenting a Learn the Signs Act Early Event. Speakers include Amy Johnson, Early Childhood Special Education Coordinator, New Prague Area Schools and Pat Pulice, Director of Fraser Autism Center of Excellence. [Learn more](#) about LEND (Leadership Education in Neurodevelopmental Disorders) and join the [webinar](#).

### **Teenwise Minnesota Annual Conference**

**Teenwise Minnesota**

Date: May 2-3, 2013

Cost: Varies

Location: Earle Brown Heritage Center

Teenwise Minnesota is offering the most comprehensive training event in Minnesota that focuses on current research, educational resources, policy initiatives and emerging issues related to adolescent sexual health. Register by April 19, 2013 for early bird rates. ([2014 information](#))

**Caring for Children Who Have Experienced Trauma**

MN Adopt

Dates: May 17-18, 2013

Cost: \$25/day

Location: Marriot Minneapolis West in St. Louis Park

[MN Adopt](#) is presenting a two-day conference for adoptive, foster, kinship parents and professionals featuring Gregory Keck, PhD founder and director of the Attachment & Bonding Center of Ohio and Anne Gearity, PhD, LISCW, a clinical social worker in mental health and faculty at the U of M. Friday's focus is Promoting Survival in Traumatized Children and Families: Raising the Standard in Effective Interventions and is for professionals. Saturday will be for adoptive, foster and kinship parents and will be focused on Promoting Survival in Traumatized Children and Families: Helping Children "Still Believe." CEU's are available for an additional \$30/day. Register before May 13, 2013 [link no longer active].

**Upper Midwest Conference on Adolescents & Children In Need**

Community Education & Development

Dates: April 25-26, 2013

Cost: Varies

Location: Ramada Plaza Minneapolis

The 31st Upper Midwest Conference on Adolescents & Children In Need will feature topics such as Development of Psychopathy in Childhood and Adolescence: Emerging Research and Interventions and School Violence, Threat Assessment & Intervention. Speakers include Deb DeWitz, LISCW, social worker and family therapist and Nimi Singh, MD, MPH, MA, Assistant Professor, Department of Pediatrics at the University of Minnesota. Learn more about sessions and register today!

**Mental Health Consultation in Early Childhood: Addressing Adverse Childhood Experiences and the Return to Healthy Development**

Center for Early Education and Development (CEED) 2013 Harris Forum

Date: May 1, 2013

Time: 9:00 a.m. - 12:00 p.m.

Location: Cowles Auditorium, Humphrey School of Public Affairs and web broadcast to greater Minnesota

Allison Steier, director of the Harris Infant and Early Childhood Mental Health Training Institute at Southwest Human Development in Phoenix and Geoffrey Nagle, Associate Professor of Psychiatry and Behavioral Health at Tulane University and Director of Tulane Institute of Infant and Early Childhood Mental Health will address questions such as: what do children and parents with adverse childhood experiences need? What

is our role as child care providers, home visitors, mental health providers? How do we build a trauma-informed early childhood system? More information and registration is available at the CEED [website](#).

## Job Opportunities

Volunteers of America MN: Therapist — DBT Specialty

Volunteers of America MN: Mental Health Practitioner

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